Spring clean your interiors

With the soft sunshine of spring and longer daylight hours, there's nowhere for dodgy paintwork and faded fabrics to hide. So now's the time to take stock, brush away the cobwebs and get your house in order. Debs Moxhay from Strummer Pink in Honiton recommends the Zoffany range for that lick of fresh paint: stylish colours with depth and luminosity to complement both contemporary and traditional rooms. From their selection of light-reflecting whites, Zoffany Warm White dispels the chills and works beautifully with on-trend blues and greys. Zoffany also offers a range of shades with varying amounts of pigment in each colour which lend themselves perfectly to layering in one room, or, as Debs recommends, creating a congenial palette that runs throughout the house. Run Quarter Quartz Grey, Half Quartz Grey, Quartz Grey and Double Quartz grey from room to room for a harmonious and sophisticated finish.

And don't forget the textiles. Debs takes the lead from our stylish Scandinavian cousins who use seasonal soft furnishings to bring a sense of transformation without breaking the bank. So put away your autumn cushions and throws and invest in something fresh and vibrant for spring. It'll make a big impact for a small investment.

For advice on your own interior design project, contact Debs Moxhay via strummerpink.com

Karen Chugg from Intelligent Abodes shares some tips on how technology can help to de-clutter your home.

- When renovating or building, consider what can be seamlessly integrated into the fabric of the building – for example, thermostats, speakers, light switches. Changing technology has led to control solutions that can be discreetly installed to perfectly complement your décor.
- Consider incorporating a music system (such as NuVo) that is hidden in one location, giving access to music in every room and controlled by a smart tablet.
- Update curtains and blinds by using smart window solutions such as Lutron to add style and help you efficiently manage your privacy, light and heat.
- Smart TV viewing is great, but it can equate to lots of equipment. The latest media technology, however, will discreetly hide all the boxes away.
- Lighting control can change the mood instantly as required, while light therapy and colour-changing solutions can uplift your mood and increase motivation!

For more information on utilising smart technology to enhance and de-clutter your home, contact Karen Chugg on 01392 314710 or kchugg@intelligentabodes.co.uk

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